



HLTAID011 Provide first aid

Elements and Performance Criteria

ELEMENT	PERFORMANCE CRITERIA
Elements define the essential outcomes.	Performance criteria specify the level of performance needed to demonstrate achievement of the element.
1. Respond in an emergency situation	<ul style="list-style-type: none">1.1 Recognise an emergency situation1.2 Identify, assess and manage immediate hazards to health and safety of self and others1.3 Assess the casualty and recognise the need for first aid response1.4 Assess the situation and seek assistance from emergency response services where required
2. Apply appropriate first aid procedures	<ul style="list-style-type: none">2.1 Perform cardiopulmonary resuscitation (CPR)2.2 Provide first aid in accordance with established first aid principles2.3 Display respectful behaviour towards casualty2.4 Obtain consent from casualty where possible2.5 Use available resources and equipment to make the casualty as comfortable as possible2.6 Operate first aid equipment according to manufacturer's instructions2.7 Monitor the casualty's condition and respond in accordance with first aid principles
3. Communicate details of the incident	<ul style="list-style-type: none">3.1 Accurately convey incident details to emergency response services3.2 Report details of incident to workplace supervisor as appropriate3.3 Maintain confidentiality of records and information in line with statutory and/or organisational policies
4. Evaluate own performance	<ul style="list-style-type: none">4.1 Recognise the possible psychological impacts on self and other rescuers involved in critical incidents4.2 Participate in debriefing to address individual needs



Assessment Requirements for HLTAID011 Provide first aid

Performance Evidence

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role.

There must be demonstrated evidence that the candidate has completed the following tasks at least once in line with state/territory regulations, first aid codes of practice, Australian Resuscitation Council (ARC) guidelines and workplace procedures:

- conducted a hazard assessment and identified strategies to minimise risk
- demonstrated safe manual handling techniques
- assessed airway, breathing and responsiveness of casualty
- performed at least four minutes of uninterrupted CPR on both an infant resuscitation manikin and an adult resuscitation manikin placed on the floor, demonstrating the following techniques on each:
 - checking for response and normal breathing
 - recognising abnormal breathing
 - opening and clearing the airway
 - using correct hand location, compression depth rate in line with the ARC recommended ratio of compressions and ventilations
 - acting in the event of regurgitation or vomiting
 - following single rescuer procedure, including the demonstration of a rotation of operators with minimal interruptions to compressions
- followed the prompts of an Automated External Defibrillator (AED)
- conducted a verbal secondary survey
- applied first aid procedures for the following:
 - allergic reactions
 - anaphylaxis
 - asthma
 - basic wound care
 - severe bleeding
 - burns
 - cardiac arrest
 - choking and airway obstruction
 - convulsions
 - envenomation (using pressure immobilisation)
 - fractures, sprains and strains (using arm slings, roller bandages or other appropriate immobilisation techniques)



- *applied first aid procedures for the following continued:*
 - poisoning
 - respiratory distress
 - shock
- conducted a hazard assessment and identified strategies to minimise risk
- demonstrated safe manual handling techniques
- assessed airway, breathing and responsiveness of casualty
- performed at least four minutes of uninterrupted CPR on both an infant resuscitation manikin and an adult resuscitation manikin placed on the floor, demonstrating the following techniques on each:
 - checking for response and normal breathing
 - recognising abnormal breathing
 - opening and clearing the airway
 - using correct hand location, compression depth rate in line with the ARC recommended ratio of compressions and ventilations
 - acting in the event of regurgitation or vomiting
 - following single rescuer procedure, including the demonstration of a rotation of operators with minimal interruptions to compressions
 - provided an accurate verbal report of the incident
 - responded to at least two simulated emergency scenarios contextualised to the candidate's workplace/community setting.

Knowledge Evidence

The candidate must be able to demonstrate essential knowledge required to effectively complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the work role. This includes knowledge of:

- state/territory regulations, first aid codes of practice and workplace procedures including:
 - ARC Guidelines relevant to provision of CPR and first aid
 - safe work practices to minimise risks and potential hazards
 - infection control principles and procedures, including use of standard precautions
 - requirements for currency of skill and knowledge
- legal, workplace and community considerations including:
 - need for stress-management techniques and available support following an emergency situation
 - duty of care requirements
 - respectful behaviour towards a casualty
 - own skills and limitations
 - consent
 - privacy and confidentiality requirements
 - importance of debriefing



Knowledge Evidence *continued*:

This includes knowledge of:

- considerations when providing first aid including:
 - airway obstruction due to body position
 - appropriate duration and cessation of CPR
 - appropriate use of an AED
 - standard precautions and infection control
- principles and procedures for first aid management of the following scenarios:
 - abdominal injuries
 - allergic reactions
 - anaphylaxis
 - bleeding control
 - burns
 - cardiac conditions
 - choking and airway obstruction
 - cold and crush injuries
 - diabetes
 - dislocations
 - drowning
 - envenomation
 - environmental impact (including hypothermia, hyperthermia, dehydration and heat stroke)
 - epilepsy
 - eye and ear injuries
 - fractures
 - head, neck and spinal injuries
 - minor skin injuries
 - needle stick injuries
 - poisoning and toxic substances
 - respiratory distress, including asthma and other respiratory conditions
 - seizures
 - severe allergic and anaphylactic reactions
 - shock
 - soft tissue injuries
 - unconsciousness, abnormal breathing or not breathing
- basic anatomy and physiology relating to:
 - absence of normal breathing
 - anatomy of the external chest
 - physiology relating to response/consciousness
 - upper airway anatomy and effect of positional change
 - anatomy and physiology considerations in provision of first aid for specified conditions