

# First Aid Training

The ability to provide an appropriate First Aid and emergency response is paramount to ensuring the safety of others and to maintaining a duty of care for the people in our lives.

These units provide a broad understanding of First Aid and give you the practical tools to effectively respond in an emergency situation within the workplace, at home or in the community. The training includes topics such as how to respond to asthmatic and anaphylactic emergencies and how to administer Cardiopulmonary Resuscitation (CPR).

## HLTAID003- Provide First Aid

For individuals who are required to administer First Aid and respond to emergency situations within a range of workplace and community settings. Training includes the practical skills and knowledge required to manage First Aid tasks and contingencies in the context of the job role and environment.

## HLTAID004 - Provide an emergency First Aid response in an education and care setting

For educators and support staff working who are required to administer First Aid and respond to emergency situations within an education and care setting. Training includes the practical skills and knowledge required to provide First Aid to infants, children and adults.

## HLTAID001 - Provide cardiopulmonary resuscitation

This unit allows you to refresh and maintain your knowledge of the essential skills required to perform CPR, in line with the [Australian and New Zealand Committee on Resuscitation \(ANZCOR\) guidelines](#).

The training equips you to manage a life threatening incident and could ultimately save a life.



## Recertification

**HLTAID003 and HLTAID004** - In NSW, Workcover's [First Aid in the Workplace Code of Practice](#) recommends re-certification every 3 years.

**HLTAID001** - The Code also requires First Aiders to complete a refresher of the CPR component on an annual basis.

We can also track and notify you when a recertification is required for you or your team.

**PROVIDING  
WORLD CLASS  
TRAINING**

## Entry Requirements

There are no formal entry requirements for these First Aid units however sound English language, literacy and numeracy skills are required.

## Delivery and Duration

Units generally involve a blend of theoretical and practical skill based elements. Depending on the unit, some flexibility may be offered to how the standard hours are able to be scheduled.

## Cost

Costs may vary according to the unit offered, location and number of student enrolments. Contact us for further details.

## Unit Objectives

**HLTAID003** and **HLTAID004** cover the following topics:

- First aider responsibilities
- Assess and manage an emergency situation
- Infection control
- Manual handling of the casualty(s)
- Resuscitation, airway management & choking
- Specialised aspects of First Aid care and response for children and infants (HLTAID004 only)

### **First aid management of :**

- Bleeding, wounds & shock
- Sprains & strains (soft tissue injuries)
- Burns
- Injuries of the bone (fractures, dislocations, spinal support)
- Medical conditions & environmental emergencies
- Asthma & anaphylaxis
- Envenomations (bites, stings) and poisoning
- Vital Signs Survey (HLTAID003 only)
- Casualty handover - communication of details

## Assessment requirements

To be assessed as Competent the participant is required to:

- Participate in activities and scenarios as directed by the trainer
- Successfully complete a selection of written questions
- Demonstrate the application of practical skills required for this unit of competency outcome.

## Statement of Attainment

On successful completion, participants will be issued with a Statement of Attainment.

For many Vocational Education and Training (VET) courses, these accredited First Aid units may also contribute towards nationally recognised qualifications.

The training may also provide an opportunity for professional development by increasing skills, knowledge and application in the work or home environment.

## Our Trainers

Our trainers all hold a minimum qualification of Certificate IV in Training & Assessment and have current industry experience.

## Training Centres

**Sydney:** Training can be conducted at your workplace where there are sufficient student enrolments. Contact us for further details.

Operating since 2001, our Registered Training Organisation (RTO) is approved to deliver a range of units of competency and courses outlined on the national database for vocational education and training in Australia.

## CONTACT US NOW

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Australian  
Qualifications  
Framework

  
NATIONALLY RECOGNISED  
TRAINING

All units outlined here contribute to a Nationally Recognised Training qualification, compliant with the Australian Qualifications Framework.