



## HLTAID006 Provide advanced first aid

### Elements and Performance Criteria

<b>ELEMENT</b>	<b>PERFORMANCE CRITERIA</b>
Elements define the essential outcomes.	Performance criteria specify the level of performance needed to demonstrate achievement of the element.
1. Respond in an emergency situation	<ul style="list-style-type: none"><li>1.1 Recognise an emergency situation</li><li>1.2 Identify, assess and manage immediate hazards to health and safety of self and others</li><li>1.3 Assess the casualty and recognise the need for first aid response</li><li>1.4 Assess the situation and seek assistance from emergency response services where required</li><li>1.5 Deploy resources to appropriate locations as required in line with workplace procedures</li></ul>
2. Apply appropriate first aid procedures	<ul style="list-style-type: none"><li>2.1 Perform cardiopulmonary resuscitation (CPR), as required</li><li>2.2 Provide first aid in accordance with established first aid principles</li><li>2.3 Display respectful behaviour towards casualty</li><li>2.4 Obtain consent from casualty where possible</li><li>2.5 Use available resources and equipment to make the casualty as comfortable as possible</li><li>2.6 Operate first aid equipment according to manufacturer's instructions</li><li>2.7 Monitor the casualty's condition and respond in accordance with first aid principles</li></ul>
3. Coordinate first aid activities until arrival of medical assistance	<ul style="list-style-type: none"><li>3.1 Identify available resources required and establish communication links with appropriate personnel, emergency management services and medical assistance as appropriate</li><li>3.2 Deploy correct amount of required resources to appropriate locations in an effective manner to ensure timely arrival</li><li>3.3 Document the provision of resources and recommend modifications as required</li><li>3.4 Monitor the condition of casualties in accordance with first aid principles and workplace procedures</li><li>3.5 Coordinate evacuation of casualties according to relevant evacuation procedures</li></ul>



## ELEMENT

Elements define the essential outcomes.

## PERFORMANCE CRITERIA

Performance criteria specify the level of performance needed to demonstrate achievement of the element.

	3.6	Arrange support services for personnel involved in the incident in accordance with relevant principles and procedures
4. Communicate details of the incident	4.1	Accurately convey incident details to emergency response services
	4.2	Report details of incident in line with organisational policies
	4.3	Maintain confidentiality of records and information in line with statutory and/or organisational policies
5. Evaluate the incident	5.1	Recognise the possible psychological impacts on self and other rescuers involved in critical incidents
	5.2	Participate in debriefing to address individual needs
	5.3	Evaluate management of the incident and develop an action plan in consultation with relevant parties
	5.4	Review contingency planning to identify and select alternative management principles and procedures as required

## Assessment Requirements for HLTAID006 Provide advanced first aid

### Performance Evidence

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role.

There must be demonstrated evidence that the candidate has completed the following tasks at least once in line with state/territory regulations, first aid codes of practice, Australian Resuscitation Council (ARC) guidelines and workplace procedures:

- located and interpreted workplace policies and procedures
- conducted a hazard assessment and identified strategies to minimise risk
- demonstrated safe manual handling techniques
- conducted a basic triage for a multiple casualty incident
- assessed airway, breathing and responsiveness of casualty/casualties
- performed eight minutes of uninterrupted CPR on both an infant resuscitation manikin and an adult resuscitation manikin placed on the floor, demonstrating the following techniques on each:
  - checking for response and normal breathing
  - recognising abnormal breathing
  - opening and clearing the airway



- using correct hand location, compression depth rate in line with the ARC recommended ratio of compressions and ventilations
- acting in the event of regurgitation or vomiting
- following single rescuer procedure, including the demonstration of a rotation of operators with minimal interruptions to compressions
- following two rescuer procedure, as both the ventilator and the compressor
- activated and followed the prompts of an AED
- conducted a secondary survey, including checking pulse of at least one person and recording pulse rate
- applied first aid procedures for the following:
  - allergic reactions
  - anaphylaxis
  - asthma
  - basic wound care
  - burns
  - cardiac arrest
  - choking and airway obstruction
  - convulsions
  - envenomation (using pressure immobilisation)
  - epilepsy
  - eye injuries
  - fractures, sprains and strains (using arm slings, roller bandages or other appropriate immobilisation techniques)
  - head and spinal injuries
  - poisoning
  - respiratory distress
  - severe bleeding
  - shock
  - thermal injuries
- demonstrated correct usage of the following devices:
  - cervical collars
  - spinal boards, back boards and stretchers
- communicated effectively with a first aid team including:
  - direction and coordination of other first aiders
  - post-incident debrief and evaluation
- provided an accurate verbal report of the incident
- completed a written incident report
- responded to at least three simulated emergency scenarios contextualised to the candidate's workplace/community setting



## Knowledge Evidence

*The candidate must be able to demonstrate essential knowledge required to effectively complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the work role.*

This includes knowledge of:

- state/territory regulations, first aid codes of practice and workplace procedures including:
  - ARC guidelines relevant to provision of CPR and first aid
  - guidelines of Australian national peak clinical bodies
  - safe work practices to deal with risks and potential hazards including manual handling, hazardous substances, dangerous goods and chemicals
  - infection control principles and procedures, including use of standard precautions based on incident
  - requirements for currency of skill and knowledge
- legal, workplace or community considerations including:
  - awareness of potential need for stress-management techniques and available support following an emergency situation
  - duty of care requirements
  - respectful behaviour towards a casualty
  - own skills and limitations
  - consent
  - capabilities of emergency management services
  - privacy and confidentiality requirements
  - importance of debriefing
- considerations when providing first aid, including:
  - airway obstruction due to body position
  - appropriate duration and cessation of CPR
  - appropriate use of an AED
  - priorities of management in first aid when dealing with life-threatening conditions
  - procedures for dealing with casualties who are aged or infirmed
  - procedures for dealing with major and minor accidents in the workplace
  - procedures when providing first aid to children
- principles and procedures for first aid management of the following scenarios, including complications:
  - abdominal injuries
  - altered and loss of consciousness
  - bleeding control
  - burns – thermal, chemical, friction and electrical



- principles and procedures for first aid management of the following scenarios, including complications:
  - abdominal injuries
  - altered and loss of consciousness
  - bleeding control
  - burns – thermal, chemical, friction and electrical
  - cardiac arrest
  - chest pain
  - choking and airway obstruction
  - cold and crush injuries
  - convulsions
  - drowning
  - emergency childbirth
  - envenomation
  - environmental impact including hypothermia, hyperthermia, dehydration and heat stroke
  - eye and ear injuries
  - head, neck and spinal injuries
  - medical conditions, including cardiac conditions, epilepsy, diabetes
  - needle stick injuries
  - poisoning and toxic substances
  - respiratory distress, including asthma
  - seizures
  - severe allergic and anaphylactic reactions
  - shock
  - skin injuries
  - soft tissue injuries including sprains, strains, dislocations, fractures
  - stroke
  - substance misuse – common drugs and alcohol, including illicit drugs
  - unconsciousness, abnormal breathing or not breathing
- basic anatomy and physiology relating to:
  - absence of normal breathing
  - anatomy of the external chest
  - basic anatomy including skeleton, joints and muscles
  - physiology relating to response/consciousness
  - upper airway anatomy and effect of positional change
  - anatomy and physiology considerations in provision of first aid for specified conditions.

*Note: This Unit includes elements from HLTAID001, HLTAID002 and HLTAID003.*